

P A T E R N A L S U P P O R T

If you are not married, ask the father of your child to voluntarily establish paternity at the hospital when the baby is born. This will provide the basis of financial support for the child and visitation rights for the father. Like you, the father has both rights and responsibilities.

If he will not accept responsibility for his child, get as much information about him and his family as you can, including his social security number, home address, work and home phone numbers, medical history, his parents' address and mother's maiden name. This will assist you in securing child support and your doctors might need the information for medical purposes: And one day, when the child has grown and has questions, you will have some answers.

Child support cannot be established unless paternity is established. Consider contacting an attorney to protect your child's rights or call your local Office of Child Support Enforcement for further information.

If you are married, family counseling is available through private and government sources.

The father of your child may try to tell you that he will pay for the abortion, but will not provide child support. The law prevents this. Remember, no one has a right to coerce you into having an abortion — not your boyfriend, not your husband.



O P T I O N S C H O I C E S

For information about how you can develop resources for pregnant and parenting students on campus or in the workplace, contact Feminists for Life:



**FEMINISTS FOR LIFE
OF AMERICA**

P.O. Box 20685

Alexandria, VA 22320

(703) 836-3354

www.feministsforlife.org

For help in your area look under "Pregnancy Resources" to examine the rest of your choices.

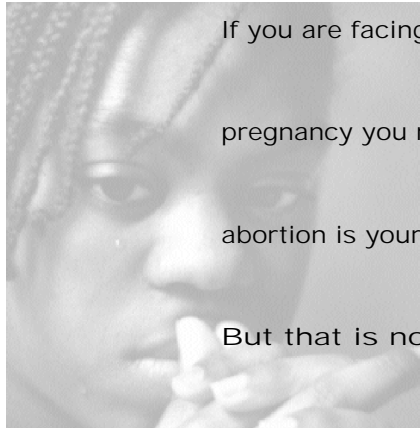
you

have

CHOICES



You have
C H O I C E S



If you are facing an unexpected pregnancy you may think that abortion is your only option.

But that is not true.

Planned Parenthood's research arm, the Alan Guttmacher Institute, reports that many women choose abortion because of financial and emotional obstacles. The good news is that all of these obstacles can be overcome.

People are out there to help you. So take the time and explore all resources that will enable you to make the best choice for you.

This brochure will tell you about many resources available to support you and meet your practical needs during and after your pregnancy, including labor and delivery costs, housing, child care, child support, and adoption assistance.

Marital Parenthood:

Some couples who are unexpectedly pregnant choose to marry to provide a supportive environment for their child. Those who are already married may seek support from family or community resources.



You have
S U P P O R T

Several programs are available through your county's Human Services, Social Services or Health Departments. Pregnancy resource centers, listed in the yellow pages under "Abortion Alternatives," are there to guide you through the maze of available support services. In addition, many of these pregnancy resource centers and community service centers have bilingual volunteers to help you.

Financial services available include:

- Food stamps
- Temporary Assistance to Needy Families (TANF); Women, Infants and Children (WIC Nutrition Program); Medicaid

Direct services available include:

- Clothing, housing, furniture, and temporary shelter; medical care, including high-risk pregnancy services

Counseling services available include:

- Guidance in informing parents
- Legal assistance, including child support, help with employment and education, drug counseling, domestic violence, childbirth, breast-feeding, parenting classes and adoption counseling.

what are your parenting choices?

Single Parenthood:

Many women choose single motherhood.

But fathers — and even grandparents — may also choose to raise children when a woman feels she cannot accept the responsibility of motherhood.



You have
R E S O U R C E S

Birthright (800) 550-4900

Provides free and confidential pregnancy testing; support for pregnant women; maternity and infant clothes, bottles, diapers, and layettes for newborns. Referrals for legal assistance, parenting classes, breast-feeding, child care, employment and education programs, adoption services and counseling, medical care and family counseling.

**A
L
T
E
R
N
A
T
I
V
E
S**

Carenet (800) 395-HELP

A network of Christian pregnancy centers that offer a variety of services including free pregnancy testing; birth, abstinence, and post-abortion counseling; housing and help with financial, medical, and material needs.

Catholic Charities (800) CARE-002

Provides adoption services for birth mothers and adoptive parents, parenting classes, financial and material needs assistance, family counseling and housing. Referrals for legal assistance, child care, employment and education assistance, and medical assistance.

Nurturing Network (800) TNN-4 MOM

Individually tailored support to meet the needs of college and working women. Provides a nurturing home, counselling, medical services, employment, financial and educational assistance, and expedited college transfer.

Adoption:

There are currently two million couples waiting to adopt children. There are waiting lists for those who wish to adopt children with physical and mental disabilities, such as Down Syndrome, and illnesses, including AIDS. For many women, choosing adoption may make it easier for them to complete their education and start a family of their own in the future.

Adoption can be an empowering option for women.